

SHIMNA INTEGRATED COLLEGE 6TH FORM EXTRA

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What Else Do You Get Out of 6th Form?

The chance to organise your own study - you will be timetabled for five teaching hours for each A level subject, and you will timetable all your other stuff yourself. You work out for yourself how to allocate your study time across your subjects, and lodge your final timetable with the Study Supervisor. You need to plan in your allocation of frees and your lunchtimes too.

Remember that each A level you study will take five hours teaching time, plus study time, plus homework time.

Shimna is completely wifi enabled. All 6th form students are offered the opportunity to buy an iPad through monthly payments which include a robust case, back up and insurance. The Study Room is also equipped with c2k computers for your use. Please read the 6th form ICT access policy carefully before you start!

As well as all of your academic work for the qualifications you want, you will want to pack in other stuff to keep you fit, to expand your skills, to make you employable, keep you nice to know, expand your mind, build up your work experience, give you opportunities to contribute, give you opportunities to volunteer,

Keep Yourself Fit

We realise that school style PE is not what 6th form want. Some of you will choose A Level Sports Studies, many of you play for sports clubs and many of you will just want an opportunity to keep yourself fit and healthy.

Our senior rugby squad is flushed with success, junior gaelic training will be be delighted if you can join them for a bit of role modelling. Friday basketball offers the chance to bounce away the tensions of the week. The Tuesday after school run is open to all students and staff. You can build a gym session into your schedule. We have staff/student yoga in the afternoons and yoga for athletes in the evening. There is an evening netball club and we are open to all suggestions..

NEW THIS YEAR: the new sports hall will open up more opportunities for everyone to stay fit, and Sport Leader qualification.



Expand Your Skills

At last we can offer survival cookery skills in our new kitchens;

Listening Ear training is now in its third year, and provides an invaluable counselling skills qualification;

Make Yourself Employable

Child protection training makes you more employable for weekend and holiday work, and it is an essential pre- requisite for any job working with young people or vulnerable people;

First aid training will also add to your CV. We offer the brand new HeartStart;

Our interview skills training provides practice and feedback for interviews at university and with employers;

Keep Yourself Nice

SafeTALK anti-suicide training gives everyone the confidence to be a good friend in a personal emergency;

Our two counsellors, and our team of Listening Ears are available, and you can refer yourself using the counselling postbox;

Our study skills trainer is inspirational. Every year, he opens up minds and gets us all off to a really creative start to the year. We have the feedback to prove it!



Expand Your Mind

As a partner school with the Open University, our students are eligible to take a course, and receive a scholarship to cover the fees. The courses are an opportunity to work at university level and gain an additional qualification. Through the OU, Shimna students have qualified in Italian, personal finance, creative writing, digital photography, molecules and medicine, accounting, human nutrition

Build Up Your Work Experience

All 6th Form take part in a week's work experience in February, and there is an opportunity for a further work experience in June. Our European work experience offers a chance to go abroad.

For some careers it is essential to gain regular, small scale work experience: Living Law Programme; sports coaching; working with children or young people etc.;

Signing up for prefect duties offers the opportunity to gain work experience within Shimna. Our prefect system is open to everyone. You can volunteer with a subject department or opt to support a junior class or individual student;

Get involved with Newcastle Community Cinema. Our students have the opportunity to run the cinema for a Shimna showing;



Find Opportunities to Contribute

Join the formal committee and gain invaluable organisational skills;

Take a leading role in our Amnesty International group, Scripture Union, GSA, Eco Group or Duke of Edinburgh's Award group etc. and learn to organise and support others;

Represent Shimna at the Mock Council of the European Union;

Host visitors at our P7 Day or Open Day and gain PR skills;

Travel

European work experience this year went to Madrid or St Jean de Luz;

The politics trip went to London;

Students of German head to Germany to visit one of our regular, termly international students;

Students of Irish travelled to the Donegal Gaeltacht, and to L/Derry and to the Castlewellan Gaeltacht;

Succeed! Our students have headed off to study: medicine; veterinary science; law; accountancy; film and TV production; physics; dentistry; German and Spanish; Irish language broadcasting; English literature; sports science; electronic engineering; computer science.....



It all starts with Induction

During the first week in 6th form you head off for university visits, do some group stuff up at Greenhill, check yourself out at the gym, plan A level work with subject teachers, sign up for prefect duties, sort out your ICT access, meet the counsellors, sign up for additional courses, plan your study, lunches, frees, slots in the technology or art rooms, meet the language assistants, get inspired by Ben, plan time with our drama tutor in residence