


First Aiders

Danella Goodman
Gerry McGowan
Joan McAllister
Diane McClean
Seamus Carlin
Mary Murphy
Aidan McIlMurray
Stephen Hanna

The first aid room is opposite the main office

CHILDLINE: 08001111

Free national helpline for children and young people in trouble or danger.



Clubs and Societies

There are support groups within Shimna focusing on all sorts of interests: the GayStraightAlliance; Umbrella, a group for people of all faiths and none; Scripture Union and Amnesty International.

Check out our Extra booklet and noticeboard for information on the many clubs and societies. Sometimes, what you need is to find people who share your interests and with whom you have more in common.

DON'T FORGET

Any of our staff will be happy to help. Just ask.



Who Can I Turn To?



“Learning from each other”



At Shimna there are plenty of people you can turn to if you are feeling low, if you have a problem, if you are worried about yourself or about someone else.

Everyone in Shimna looks after each other, so don't be afraid to talk to anyone. If they can't help you immediately, they will find the person who can.

If you speak to someone and feel that they don't understand how you are feeling, please talk to someone else.

You can talk to our safeguarding team:

Kevin Lambe (principal)

Anyone can talk to the principal. If he can't see you immediately, he will make an appointment to see you as soon as possible.

Karen Caulfield (vice principal)

Anyone can talk to the vice-principal who is also the designated teacher for child protection.

Danella Goodman (pastoral manager)

Danella is trained in SafeTalk and Assist and can help if you feel you may harm yourself, Danella is also trained in Listening Ear and runs the Listening Ear service in Shimna.

Aine Harrison (child protection trainer)

Aine is trained in SafeTalk and Assist and delivers CEOP internet safety and Listening Ear training to staff and students.

Derek Bailey (deputy designated teacher for child protection)

Other people you can talk to:

Form Teacher Your form teacher is always a good starting point. They will help you if they can. If they

can't help, they will find the right person to help you with any problem.

Subject teachers. They are the people you meet every day, and are happy to listen and find the right person to help you.

Teaching assistants. All our teaching assistants are happy to listen and find the right person to help you.

Vicki Sherlock is our school counsellor. You can make an appointment to see her by putting a note into the wooden post-box near the student entrance or by speaking to Danella.

Listening Ear team. The Ears are students and staff who are trained in listening, and if you feel you just want someone to talk to, you can see the list of volunteers on the notice board in the foyer. You can make contact by talking to Danella or by clicking the link on Shimna's website.

Roberta McKee works in the front office. She is the person to see if you have a problem about attendance, if you need to register your car, change your contact details or if you need to know where someone is. Roberta is a very good starting point if you aren't sure who you need to talk to.

Karen Maguire and Mary Devlin work in the finance office. They are the people to see if you need to hand in money or have any question at all to do with money.

Linda Rogan is our examinations officer and timetabler.

She is the person to see if you need to check/change an entry for a GCSE, A level or any other external examination. She is also the one to see if you have a problem with your timetable, or need to make a change

Margaret Rowntree is our housekeeper. She is the person to see if you have a problem with your locker or if you have lost something.

Robbie Mulholland is our caretaker. He is the person to contact if you find anything broken or damaged. Don't be afraid to tell him if you have broken something. He would much rather you told him so that he can get it fixed as soon as possible.

Seamus Carlin is our science technician. He is the one to see about science equipment.

Peter Yabsley is our ICT manager. He is the one to see if you forget your password, or have any problem with school computers.

Gerry McGowan is our technology technician. Gerry is also our Fire Officer. He is the person to tell if you come across a problem with a fire extinguisher in the school.

Diane McLean is our home economics technician.

Anne Carlin is our canteen manager, and she and her team can help if you have an issue about food and drink in school, for example if you have an allergy or special dietary requirement.

Alicia Rooney is our careers advisor and sixth form study supervisor. Her base is in the 6th form study room. No matter which year group you are in, she will be happy to talk to you about any careers queries you may have. If you would like somewhere quiet to spend break or lunchtime, please speak to Alicia and she will arrange for you to use the study room.

Deborah McDowell is the Teaching Assistant manager. Any of the teaching assistants are happy to help you. At lunchtime, you will see them on supervision duty at the canteen, in the corridors and outside.