

Year 11 & 12 "Laugh to Learn" Parents' Workshop

Dear parents/guardians,

We would like to invite you to a unique evening parent workshop delivered by the Ben Best Training Company on Tuesday 7 March from 5:30 – 6:30pm. Ben visits schools around the world to help boost children's confidence and self-esteem and uses fun and laughter to relay messages to young people. We are very proud and excited to offer you the opportunity to come and experience the 'Parent workshop' and hope that you are able to attend. Latest research shows that parents and schools working together in the learning cycle gives young people the best chance in life.

The workshop will address the following areas:

- The importance of whole brain learning.

- Emotional intelligence in young people and adults.

- The benefits of relaxation.

- The wonderful world of your mind and how we think consciously/sub-consciously.

- Last but not least, the effects that dreams and aspirations have on us all.

We highly recommend this event and feedback from schools around the world has been outstanding.

To help with arrangements for the event, it would be very helpful if you would let me know if you plan to attend before Friday 3 March.

Best wishes

Karen Caulfield